

Initial number

CONFIDENTIAL

DAY

MONTH

YEAR

Today's date

Urinary symptoms

Many people experience urinary symptoms some of the time. We are trying to find out how many people experience urinary symptoms, and how much they bother them. We would be grateful if you could answer the following questions, thinking about how you have been, on average, over the PAST FOUR WEEKS.

1. Please write in your date of birth:

DAY

MONTH

YEAR

2a. During the day, how many times do you urinate, on average?

one to six times 0

seven to eight times 1

nine to ten times 2

eleven to twelve times 3

thirteen times or more 4

2b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

3a. During the night, how many times do you have to get up to urinate, on average?

none 0

one 1

two 2

three 3

four or more 4

3b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

4a. Do you have a sudden need to rush to the toilet to urinate?

never 0

occasionally 1

sometimes 2

most of the time 3

all of the time 4

4b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

5a. Does urine leak before you can get to the toilet?

never 0

occasionally 1

sometimes 2

most of the time 3

all of the time 4

5b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

6a. Do you have pain in your bladder?

never 0

occasionally 1

sometimes 2

most of the time 3

all of the time 4

6b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

7a. Does urine leak when you cough or sneeze?

never 0

occasionally 1

sometimes 2

most of the time 3

all of the time 4

7b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

8a. Do you ever leak for no obvious reason and without feeling that you want to go?

never 0

occasionally 1

sometimes 2

most of the time 3

all of the time 4

8b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

9a. Is there a delay before you can start to urinate?

never 0

occasionally 1

sometimes 2

most of the time 3

all of the time 4

9b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

10a. Do you have to strain to start urinating?

never 0

occasionally 1

sometimes 2

most of the time 3

all of the time 4

10b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

11a. Do you have to strain to continue urinating?

never 0

occasionally 1

sometimes 2

most of the time 3

all of the time 4

11b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

12a. Do you usually urinate standing up or sitting down?

standing up 0

sitting down 1

12b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

13a. Would you say that the strength of your urinary stream is...

normal 0

occasionally reduced 1

sometimes reduced 2

reduced most of the time 3

reduced all of the time 4

13b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

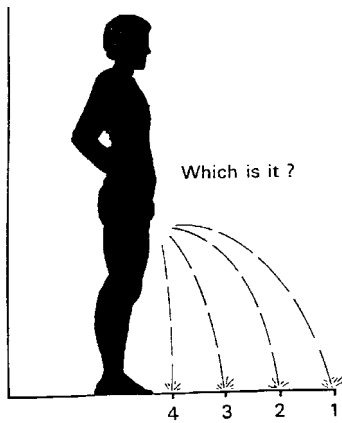
0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

14. Do you think you have *a/ways* had a weak stream?

no 0

yes 1

15. Would you say that the strength of your urinary stream is...
 (please ring one number)



(from Peeling, 1989)

16a. Do you stop and start more than once while you urinate?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

16b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
 not at all a great deal

17a. Do you have a burning feeling when you urinate?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

17b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
 not at all a great deal

18a. How often do you feel that your bladder has not emptied properly after you have urinated?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

18b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

19a. Does your urine stream end with a dribble?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

19b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

20a. How often have you had a slight wetting of your pants a few minutes after you had finished urinating and had dressed yourself?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

20b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

21a. Do you leak urine when you are asleep?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

21b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
 not at all a great deal

22a. If you leak urine during the day, do you have to change your clothes or wear pads?

- no, urine does not leak 0
- yes, change underpants 1
- yes, change clothes 2
- I wear pads 3

22b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
 not at all a great deal

23a. Do you have to urinate again (within 15 minutes) after you thought you had finished urinating?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

23b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
 not at all a great deal

24. Have you ever blocked up completely so that you could not urinate at all and had to have a catheter passed to drain the bladder ?

- | | | |
|----------------------|--------------------------|---|
| no | <input type="checkbox"/> | 0 |
| yes, once | <input type="checkbox"/> | 1 |
| yes, twice | <input type="checkbox"/> | 2 |
| yes, more than twice | <input type="checkbox"/> | 3 |

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Thank you very much for answering these questions.